

PARENT AND CHILD CONFLICT

Parent and child conflicts can occur for many reasons. When conflict occurs, the entire family can be thrown into emotional turmoil. Resolving a parent and child conflict requires the participation of everyone involved.

Types of parent and child conflict:

- 1. Inevitable conflict:** When parents or caregivers cannot always be attentive, mindful and sensitive, it can cause the child to feel disconnected.
- 2. Boundary conflict:** This occurs when parents attempt to set limits with their children. Setting limits can create tension between the parent and child, creating an emotional disconnect.
- 3. Intense conflict:** This involves intense emotional distress and a significant disconnection between parent and child. This occurs when a parent loses (control of his or her emotions and engages in screaming, name-calling or threatening behavior toward the child.

Resources:

- Guilford Youth & Family Services: 203-453-8047
36 Graves Ave, Guilford, CT
- Coastal Counseling Associates: 203-245-1956
149 Durham Rd #31, Madison, CT
- Greater New Haven Counseling and Family Therapy: 203-4074310
1844 Whitney Ave, 2nd fl., Hamden CT