

MENTAL ILLNESS

A wide range of conditions that affect mood, thinking and behavior

Most common mental disorders:

1. Clinical depression
2. Eating disorders
3. Anxiety disorders
4. Personality disorders (i.e., bipolar disorder & borderline personality disorder, etc.)
5. Post-traumatic stress disorder (PTSD)
6. Attention deficit hyperactivity disorder (ADHD)

Resources:

- Yale New Haven Psychiatric Hospital:
203-688-9704
184 Liberty St, New Haven, CT
- Walden Behavioral Care
(Eating Disorder Treatment): 203-491-5060
157 Goose Lane, Guilford, CT
- Connecticut Mental Health Center:
203-974-7300 34 Park St, New Haven, CT
- National Alliance on Mental Illness:
800-215-3021 576 Farmington Ave,
Hartford, CT